

- **Big Idea:** we must restrain the \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ of my words when feeling provoked
- Restraint in anything, without \_\_\_\_\_, won't last
- The goal is that our words are a \_\_\_\_\_ of life rather than a \_\_\_\_\_ of destruction (Proverbs 10:11, James 3:5)

### **I. Proverbs 17:27 under a microscope**

- Restraint: \_\_\_\_\_ (Job 38:22-23)
- Even-tempered: \_\_\_\_\_ (Proverbs 17:22)
- Knowledge: \_\_\_\_\_ (Genesis 3:5, Proverbs 29:11)

### **II. Proverbs 17:27 through a telescope**

- If you want to restrain your speech, you must begin with \_\_\_\_\_ God (Proverbs 1:7 & 9:10)
- This has to be a me and \_\_\_\_\_ issue before it's a me and my \_\_\_\_\_ issue (Eph 5:32).

### **III. Applications**

- It's \_\_\_\_\_ if social media is a spring of life or a fire of destruction (Proverbs 18:21 & 26:4)
- Remember social media is largely a \_\_\_\_\_ means of communication
- Remember who he/she \_\_\_\_\_ (Phil 4:8)
- Ask if there's something I'm \_\_\_\_\_ (James 1:19-20)
- Speak to him with respect, speak to her with love (Eph 5:33, 29)