

Series: Avoiding Relationship Problems

Sermon: You Can't Rescue Angry People

By: Jeff Piepho

Main Bible Verse: Prov 19:19

Date: November 12, 2023

People who are hot-tempered leave a wake of _____ in their path.

The question is: How do we handle them in a way that _____,
is God honoring, and hopefully makes our lives _____?

If I rescue an angry person, I'll _____.

Hot-tempered people must "pay the penalty" or _____ for their temper.

Rescuing the angry person looks like:

- _____ the consequences of their behavior for them.
- _____ on their behalf
- making _____ for them.
- not giving appropriate _____, if I'm the one in charge.
- _____ at them instead of allowing or giving actual discipline.

If I rescue them, they will _____ instead of relying on their own responsible behavior.

Some signs that you might be owning the angry person's feelings or consequences:

The angry person is _____ angry after years * You made his/her problem, your problem * You made excuses for the angry person * You have low self-esteem * You have difficulty recognizing or expressing _____ emotions * You feel _____ in crisis moments * You feel uneasy when things are going really well.

God's gives his children discipline. _____ in their life.

Step 1: Have a conversation. "When you get angry, I feel _____. I apologize for <anything I have done wrong>. In the future, when you get angry and lash out, here's what I _____ do... Here's what I _____ do..." Clarify that you will not rescue them from the consequences of their anger.

Step 2: Affirm them and demonstrate kindness whenever possible, in _____.

Step 3: Offer help and assistance to overcome _____ to be hot-tempered.

Step 4: _____ when the person faces consequences for their anger. But _____ rescue them.

Step 5: Maintain your own patience and _____. Find a GG with people who care about you.