

Series: Healthy Habits

Sermon: Habit of Healing

Bible Verses: Mark 7:1-8

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“C _____.
S _____.”

James' topic is suffering. Especially, suffering _____.

“Sickness” to be healed from could be a physical problem, but it's most likely an _____
or _____ problem.

When we're sick we _____ **around us**, and shouldn't try to handle it
ourselves. Specifically, Spiritually _____ people.

Literally James says to make _____ out of _____ because it heals me!

Five ways _____ heals:

- 1) Separates “me” as a person from _____. *I am not _____.*
- 2) It breaks the _____ when we step into the light.
- 3) It restores _____.
- 4) Frees me from _____ as I receive love and mercy (ex. Psalm 32).
- 5) God releases his _____ against me.

Practical Application: *I'll find the mature elders in my Church and _____
_____, ask for prayer, and allow God to heal me. I won't fear the
repercussions because God is a merciful God.*