

**Series: Healthy Habits**

**Sermon: How to Pray**

**Bible Verses: Matthew 6:5-13**

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PROBLEM: When prayer is only a way \_\_\_\_\_ or just something I \_\_\_\_\_ out of habit I get bored and careless.

**PRAYER IS \_\_\_\_\_.**

It should change my disposition towards him, honor him, prove my dependence on him, and much more!

Principles: Specific time for \_\_\_\_\_ is important, and prayers with \_\_\_\_\_ are better than rambling on

### **Jesus' outline of Prayer**

1. Begin with recognizing God is our loving \_\_\_\_\_.

2. Reverence, \_\_\_\_\_, and adoring God for who \_\_\_\_\_!

*When we put God in \_\_\_\_\_, our hearts get in \_\_\_\_\_.*

3. Pray for \_\_\_\_\_ to come and for his will to be done here!

4. Pray for \_\_\_\_\_.

5. Pray for forgiveness of sins/ \_\_\_\_\_ (and we also forgive other people).

6. Pray for \_\_\_\_\_ temptations and tests, and Satan's work.

*Especially, we're asking God to \_\_\_\_\_ to become so closely in line with his heart and mind that we aren't tempted even if we are tested.*

→ Get this at **Growth Group**: Praying \_\_\_\_\_ helps focus our mind, gives us the words to use, and is a great thing to do when we don't even know what to say to God. ←

**PRATICAL APPLICATION:** This week I will set aside at least a few minutes per day, shut the door, and pray through the \_\_\_\_\_ that Jesus gave us.

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*<http://truthrevolution.tv/audioarchives/15-healthy-habits/>*