

Series: Focus on Christ (Philippians)

Sermon: Getting Unstuck From Negative Patterns

Bible Verses: Philippians 4:2-3

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Date: 7-23-17

My actions and feelings will _____ with how I _____.

We are to "think" about such things - but "think" comes from the Greek word meaning to _____.

- Implies our thinking on these things is _____.
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*Reality: If I do not fill my mind with the right thoughts,
the _____ will gladly fill it up with the wrong thoughts.*

We must THINK on/TAKE AN INVENTORY of/MEDITATE ON things that are:

TRUE - God himself, the _____ God (Bible) and the gospel message.

NOBLE - Things that are worthy of respecting, or honorable. The _____ required by Church leaders.

RIGHT - Things that are in harmony with God's _____.

PURE - Anything not tainted by even a _____ sin. It's *pure good*.

LOVELY - Anything morally beautiful or actually _____.

ADMIRABLE - Things that are virtuous. Behavior that receives a _____ and a head nod.

EXCELLENT - These are the "loftiest" ideals. Things everyone recognizes as "_____."

PRAISEWORTHY - Whatever _____ applause, and is still truly good.

TAKE IT HOME:

#1. Rate my satisfaction/joy level and connection to God from 1-10 (10 is best) *Monday morning*, write down *why*. Then, every morning do the _____/meditation. It'll take 10-15 minutes. Then pray and read some Scripture, too (start in Matthew if you don't know where else to go). *After _____, rate yourself from 1-10 again, write down why. Then pull open your answer from 30 days prior and compare them.*

#2. Use the 30-day talk kinds of words and thoughts and put them _____ by speaking this way to them!

LEARN MORE!

Philosophy is important because it controls your worldview. You want to think about what you're thinking better? You need this show: <http://truthrevolution.tv/audioarchives/philosophy-matters>

Growth Group prep (to learn about Growth Groups visit www.revo.church/growth-groups)

Growth groups are currently taking a break! But visit our website to learn more about them.

New groups start on September 3rd!