

**Series: What to Do When...**

**Sermon: Life is Crazy Busy**

**Bible Verses: Luke 10:38-42**

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" \_\_\_\_\_ " when you get too busy, or focus on too many things at once.

Martha was \_\_\_\_\_ with \_\_\_\_\_ that " \_\_\_\_\_ be made."

*Not being focused on Christ, and allowing our focus to be all over, causes us to feel \_\_\_\_\_, resentment, \_\_\_\_\_, busy, overworked, lonely, and \_\_\_\_\_.*

Mary wanted to hear Jesus' voice - and decided to \_\_\_\_\_ and \_\_\_\_\_!

*Mary gets \_\_\_\_\_, \_\_\_\_\_, no anger, and \_\_\_\_\_ from her problems.*

**Only \_\_\_\_\_ thing is needed: \_\_\_\_\_.**

*Remember Philippians 3:7-8 (NIV '84)!*

I need \_\_\_\_\_, but not to be simpler.

It's so I can \_\_\_\_\_.

**Practical application:**

- 1) Cut out some of my frantic \_\_\_\_\_. Write down a list of things I "must" do, and \_\_\_\_\_.
- 2) Then, spend \_\_\_\_\_, every day (*suggestion: read book of Matthew*)
- 3) Then invite some others to \_\_\_\_\_, come to Church, etc.

**Learn More:** Our 30-minute radio show answered a listener's question about this towards the end of the show: *5 tips for serving God when you have lots of energy-sucking kids:*  
<http://truthrevolution.tv/audioarchives/naturalism-vs-spirituality>

**Growth Group prep (to learn about Growth Groups visit [www.revo.church/growth-groups](http://www.revo.church/growth-groups))**

- Do the practical application. In list from #1, which things take the most emotional energy?
- Read Luke 14:26 (and then the context around it). How does this relate to focusing on Jesus?
- How would you rate yourself regarding this topic? Super-focused, a little focused, not focused, distracted, or "I SAW A SQUIRREL!!!"