

Series: Strengthened (1st Thessalonians)

Sermon: How to be Happy

Bible Verses: 1 Thessalonians 5:16-18

By: Jeff Piepho Date: 9-18-16

If we base our *joy* on things in this world we'll be _____ moment and _____ the next.

This rejoicing is a _____ from God. It is God's will that we are always happy, therefore we must strive after the proper type of happiness, the right way.

God is not asking us to _____ happiness when he says, "always rejoice." This joy is in the _____ of a believer's soul - _____ the inside and warming everything else.

_____ **REQUIRES** _____.

Adds fuel to the joy in our soul:

- 1) "Praying always" - consistent awareness of and _____ prayers to God.
- 2) Renewing our minds by _____, studying, and _____ Scripture.
- 3) Recognizing _____ this world's problems and pleasures (*nearly everything in it*) are.
- 4) Recognizing how _____, multi-layered, real, and profound, our joy _____ will be.
- 5) _____ God's Kingdom makes my heart and thoughts go there (money/time/effort).

God's joy is available - but, I _____ or my heart will grow cold.

Learn More: Our 30-minute show: <http://truthrevolution.tv/audioarchives/living-a-full-life/>

What does it mean to live a full life? And what is an abundant life?

Growth Group prep (to learn about Growth Groups visit www.revo.church/growth-groups)

- Which of the five above are most difficult for you?
- Which do you get most excited about?
- What kinds of things do you "love" that are part of this world, and how should you feel about them, now that you know what you do?