

Series: Holy Recall

Sermon: The Tools

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Promise: If you put into practice what I teach you today, you will be able to _____.

Memorization is one of the _____ factors in nearly all aspects of our lives. Unfortunately, no one has _____ to memorize.

Memory test _____

Each memory is _____ to something specific.

Memory contains three main ingredients:

1. _____ - *Transforming new information into _____ in our mind*

2. _____ - *Connecting these imaginative images to what _____*

3. _____ - *Anchoring these associations in our mind*

Hebrews 4:12

- A. _____
- B. _____
- C. _____.
- D. _____
- E. _____
- F. _____
- G. _____
- H. _____

Extra Suggestions

- A. _____: Your mind is capable of 100% focus. While memorizing, do not have the TV (etc) on. Take a few moments _____. Close your eyes, breathe slow, and try to _____ your mind on one thing.

- B. _____: Train yourself to _____ things more closely – especially visually but also with other senses.

- C. _____: Do not merely use rote repetition. Use repetition of your _____ above. Do not just try to memorize a scripture, but use repetition by _____ the location, association, and imagination regularly!!

Next Week: How the process of memorization saturation can help us! One verse is good. Two verses is better. Imagine if your life was “saturated” with scripture!!!